



TMAA NEWSLINE

ONE DESTINATION, MANY PATHWAYS

President's Message

The 81st Annual Convention of TMAA is April 3 and 4, 2009 in Nashville, Tennessee. This will be a joint TMA/TMAA Convention.

- Friday afternoon meetings for TMAA Finance, Philanthropic, Health Promotions and Executive Committee
- Friday evening begins with an Opening Reception for TMA/TMAA members and spouses, followed by Media Theater
- Saturday morning TMAA opening session (general membership meeting) followed by a joint luncheon/ awards presentation for TMA/TMAA
- Silent Auction Baskets benefitting TMAA Foundation
- Origins Representatives
- Saturday afternoon leadership workshops and Installation of 2009/10 TMAA Officers with Board Meeting to follow
- Saturday evening, we culminate this fabulous weekend with the Presidents' Reception followed by the Joint TMA/TMAA Medicine Ball Dinner and show

Each one of you is important toward the success of this year's convention through your participation and commitment toward wonderful convention events. Dottie Pennington and Melody Counts, our Convention Co-Chairs have planned a streamlined yet enjoyable time for us so that we will learn, enjoy and grow in our personal leadership skills for both our Alliance as well as for ourselves. AMAA President Sandi Frost will be our special guest speaker as well as AMAA Director Emma Borders and Nancy Brant, SMAA President, who will participate during our session. There will be fun, educational and motivation ideas, as well as old and new friendships to be made. Plan to bring along a guest also.

We look forward to seeing you at convention and be sure your schedule includes staying for the Saturday evening outstanding dinner and fun-filled comedy show.

THOSE COMING TO CONVENTION... REMEMBER... NASHVILLE IS IN CENTRAL TIME ZONE.

Darlene Vickers President
dfvickers@yahoo.com

End of March Issue

- **President's Message**
- **Project Pointers**
- **AMAA Announcements**
- **TMAA Nominations**
- **More Details From...**
- **Mark Your Calendar**

Contact Us

TMAA Website:
www.TMAAlliance.org

E-Mail:
TMAA@tma.medwire.org

Phone: 615-385-2100

Direct Line: 615-460-1651

1-800-659-1862

AMA Alliance Website:
www.amaalliance.org

Phone: 312-464-4470

Dates to Remember:

March 30 Doctors' Day
March 31 Final Member-
ship dues to
AAMA
April 3-5 TMA/TMAA
Annual Mtg.

Project Pointers

Little time, Little involvement, Great Rewards.

Your Health Promotions Committee offers you ideas on easy, cost effective projects that can make a difference in community. This can be a one person project or an entire Alliance.

Apply for Free Alliance Publications



The AMA Alliance Health Promotions Committee is offering mini-grants of 100 copies of our children's activity books ***I Can Be Safe*** and ***I Can Be***. All members who know of a project, school or community group that would benefit from the books are encouraged to apply. ***I Can Be Safe*** uses picture finds, connect-the-dots and mazes; children learn safety at home and at play. ***I Can Be***, through mazes, connect-the-dots and other coloring activities, children learn to be kind, honest, healthy and more. These can be placed in elementary schools, your spouses' waiting room, Boy and Girl Scout Troops. There are many ways you can place these free materials in your community.

Please complete the application link below and return it via e-mail, regular mail fax. ***Please note, that although the books will be granted to your Alliance, we ask that your group pay for the shipping costs. The maximum amount of books that can be acquired is four packs total.***



Send Applications to:
Beth Kohr
515 North State Street, 9th Floor
Chicago, IL 60654
Phone: 312.464.4480
Email: beth.kohr@ama-assn.org

Purchase bookmarks

Talk to Your Kids About Bullying bookmark



This bookmark offers parents and teachers simple tips on how to talk to children about bullying. This bookmark reinforces the message that bullying is not acceptable. By talking with children about bullying, parents can offer guidance, support and assistance. For only \$5 you can place these bookmarks at the Children's desk of your library, at a bookstore checkout. What an easy way to increase awareness about Bullies!

Package of 50 \$5.00 (member)

order from amaalliance.org the online shop

Two Additional Health Project Suggestions from the AMAA Health Project Bank



“Think, Don’t Drink”

ALLIANCE: Medical Society of the County of Schenectady, New York

BENEFICIARIES: Teenage Drivers

PROJECT: The alliance printed up business size cards with this information on it: “Please be responsible...Think, Don’t Drink. A reminder from the Alliance”. These cards were originally brought to local florists before prom season. The florists would then place the cards in the packaging of prom flowers to remind the teenagers picking up the flowers to “Think, Don’t Drink”. The Medical Society saw the importance of the project and donated cards. A local printer donated cards. After the first year of reaching the local florists, the owner of a chain of supermarkets in the state requested enough cards for all his floral departments in 57 of his stores across the state. Cards were also delivered to county high schools in time for them to be placed with the prom/formal invitations, contracts or at the place settings with the favors of the night event. This simple and inexpensive project, about \$200.00 for the cost of the cards has had a ripple effect, not only in this county but across the state reminding teenagers of the dangers of drinking and driving. *Consider working with your local Community Anti-Drug Coalition (CADC).*



Domestic Violence Clothing Project

ALLIANCE: Medical Society County of Ulster, New York

GOAL: Provide professional clothing for residents of a domestic violence shelter

BENEFICIARIES: Victims of domestic violence

PROJECT: Alliance members donated professional clothing to a local domestic violence center to provide its residents with appropriate attire for

job interview and /or work situations.

PROJECT: Alliance members donated professional clothing to a local domestic violence center to provide its residents with appropriate attire for job interview and /or work situations.



We of the TMAA are proud to announce and share with you the good news that AMAA Nominating Committee have asked

Jo Terry to serve a second year as Director

Sue Vegors to serve as Director

John Lovin will be AMAA Treasurer

Sarah Higgins served on the committee and we are especially appreciative of her support.

We know they will do their best to represent Tennessee proudly.

NOMINATIONS COMMITTEE

The Nominations Committee has been hard at work putting together a great slate of officers for the coming year.

Nominees for the 2009-2010 TMAA Executive Board

(To be elected by the House of Delegates at Convention)

PresidentRobin Hutchins (Knoxville)

President-Elect.....Gail Brabson (Knoxville)

Recording Secretary.....Dottie Pennington (Washington-Unicoi-Johnson)

Treasurer.....Mary Ann Lovelace (Kingsport)

Assistant Treasurer.....Beth Kasper (Member-At-Large)

AMAF.....Ellen Evancho (Knoxville)

Assistant AMAF..... Emily Shore (Weakley)

Health Promotions.....Shawna Dittrich (Knoxville)

Assistant Health Promotions)..Mona Copeland (Member-At-Large)

Legislation.....TBD

Assistant Legislation.....Debra Liening (Chattanooga-Hamilton)

Membership.....Sarah Higgins (Knoxville)

Assistant Membership.....Amy Sowell (Chattanooga-Hamilton)

Thank you committee for all your hard work.

Sarah Higgins, Chair

MORE DETAILS FROM.....

Stephanie Masterson, TMAA Historian, would like to begin a scrapbook to showcase all the wonderful, fun things we do to support our medical communities. Photos can either be e-mailed to her at jpmasterson7@yahoo.com or mailed to her at 890 Grayson Lake, Jackson, TN 38305. For more info, call Stephanie Masterson (731) 660-3573.

Everyone (especially those in West Tennessee) is invited to a garden luncheon with a plant swap/sale on April 28 in Jackson, TN. At this lunch, the speaker's topic will be on gardening and how to grow fruit trees. Fruits are so healthy but growing them can be tricky. Each participant will get to take home a plant. A local nursery will bring some fruit trees and bushes to be offered for purchase. The cost for the event will be \$15 and proceeds will benefit Relay for Life (cancer research). Contact Christa Stoscheck at (731) 668 9562 if you plan to attend.

MARK YOUR CALENDAR



- MARCH 30 Doctors' Day
- MARCH 31 Final membership dues to AMAA
- APRIL 3-5 TMA/TMAA ANNUAL MEETING, AIRPORT MARRIOTT, NASHVILLE**
- APRIL 28 Garden Luncheon with speaker on gardening and how to grow fruit trees; Contact Christa Stoscheck (731) 668-9562 for more info.